

Sweet Potato Black Bean Breakfast Bowl



Ingredients

1 box Azteca® Salad Shells	6 eggs, scrambled
2 small sweet potatoes diced, or frozen	1 teaspoon salt
1 teaspoon black pepper	3 tablespoons olive oil
1 garlic clove minced	1 can black beans drain
½ cup Pico de Gallo	

Directions

Prepare Azteca® salad shells per package directions. Heat oil in fry pan, add 2 tablespoons oil and garlic, add sweet potatoes cook al dente. Drain off grease; sprinkle salt and pepper and add beans. In a separate pan cook the eggs until soft tender. In a mixing bowl mix Pico de Gallo beans, potatoes and beans. Build bowls by adding eggs and Pico de Gallo mixture, eggs, Pico de Gallo mixture.